

# Niggun 008 - Nachamu

Jewish Folk Song (Shabbat Nachamu, from Isaiah 40:1-2)

Transliteration Style: Tehillat Hashem English

Arranged by Amichai Andy Rosenbaum | Menachem Av 5785 / August 2025 | v02 | B"H

A1  $\text{♩} = 50$  A2  
na-cha- mu na-cha- mu a- mi, yo-\_\_\_ mar e- lo- kei- chem: na-cha- mu na-cha- mu  
6 B1  
a- mi, yo-mar e- lo-\_\_ kei- chem: dab'- ru al- leiv y'- ru- sho- la- yim v'-\_\_ kir- u\_\_ ei-  
12 B2  
le- ho dab'- ru al- leiv y'- ru- sho- la- yim v'- kir- u ei- le-\_\_\_\_ ho

Console, console My people,	בְּחַמוּ בְּחַמוּ עַמִּי,
says your G-D.	יֹאמֵר אֱלֹהֵיכֶם:
Speak to the heart of Jerusalem	דַּבְּרוּ עַל-לֵב יְרוּשָׁלַם
and call to her...	וְקְרְאוּ אֵלַיָּהּ

Hebrew text and melody setting:

[https://www.zemirotdatabase.org/view\\_song.php?id=35#rec](https://www.zemirotdatabase.org/view_song.php?id=35#rec)

Translation: [https://www.chabad.org/library/bible\\_cdo/aid/15971/jewish/Chapter-40.htm#v1](https://www.chabad.org/library/bible_cdo/aid/15971/jewish/Chapter-40.htm#v1)

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